



# Cardio Pulmonary Rehabilitation

January 2022 Newsletter

December 2021 was a slow month in Cardiopulmonary Rehab with all the holidays, vacations and illnesses. But we are ready to get the new year started with a BANG!

Call today to reserve a spot in Rehab!

Do you or someone you know have Emphysema, COPD, Post Covid, Asthma, Cystic Fibrosis, Hypoxemia, or Congestive Heart Failure?

Have you or someone you know suffered from a Heart Attack or had a Heart Surgery?

If you answered yes to any of the questions, Cardiopulmonary Rehab is the place to be.

Call 806.244.9221 TODAY!



Congratulations to Donald Galloway!

50% Increase on a 6 Minute Walk Test  
(880ft. to 1320ft.)

Refer a patient, family member, friend or neighbor in the month of JANUARY and get your name entered in a drawing for a gift certificate to a local restaurant. Drawing will be held on January 31, 2022. Referrals can be emailed to [ltrisler@dhchd.org](mailto:ltrisler@dhchd.org) or faxed to 806.884.4016.

For more information contact:

Lisa Mandeville, MHA/CRT

Cardiopulmonary Rehab Program Director

Phone: 806.244.9221

Fax: 806.884.4016

Email [ltrisler@dhchd.org](mailto:ltrisler@dhchd.org)

Important Dates

Cardiac Rehab Week

February 13-19

Pulmonary Rehab Week

March 13-19