

Dallam & Hartley Counties COVID - 19 Help Hotlines

COVID -19 takes a toll on each person differently. DHCHD wants to be here for you during this time and offer the support you may need, inside or outside of quarantine.

Local Support:

Email bobbym@dhchd.org or joshuamw@dhchd.org for support anytime, both are licensed to offer professional support.

Call 806.244.5668 to set up a counseling appointment.

State & National Support

Outreach, Screening, Assessment, and Referrals for substance use services: 1-844-472-8810

National Domestic Violence Hotline- 1-800-799-7233

COVID -19 Mental Health Support Line 1-833-986-1919

Free Virtual Support Groups for Frontline Workers on Tuesdays and Thursdays by calling: 1-833-986-1919

Texas Panhandle Crisis Line: 1-800- 692- 4039

National Suicide Prevention Hotline: 1-800-273-8255 - Text 741741

Emergencies 911